



# ELEMENTARY EAST BREAKFAST MENU

1				
<p><b>FOODSERVICE WORKER SUBSTITUTE POSITIONS AVAILABLE</b></p> <p>Apply online at: <a href="http://www.aramark.com">www.aramark.com</a></p>			<p>State requires offering of 1 cup of fruit at breakfast and lunch. If not on menu, is offered at register.</p>	<p><b>Bagel Cin.Cr.Cheese</b></p> <p><i>Fruit Juice Fresh Fruit Choice of Milk</i></p>
4                      5                      6                      7                      8				
<p><b>Kellogg's Fudge PopTart</b></p> <p><i>Orange Juice Fresh Fruit Choice of Milk</i></p>	<p><b>Yoplait Yogurt</b></p> <p><i>Fruit Juice Scooby Stix Fresh Fruit Choice of Milk</i></p>	<p><b>Mini Blueberry Waffles</b></p> <p><i>Fruit Juice Fresh Fruit Choice of Milk</i></p>	<p><b>Otis Spunkmeyer Muffin</b></p> <p><i>Fruit Juice Fresh Fruit Choice of Milk</i></p>	<p><b>Fruit Loop Cereal</b></p> <p><i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i></p>
11                      12                      13                      14                      15				
<p><b>VETERAN'S DAY</b></p>	<p><b>Trix Cereal Bar</b></p> <p><i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i></p>	<p><b>Yoplait Yogurt</b></p> <p><i>Fruit Juice Scooby Stix Fresh Fruit Choice of Milk</i></p>	<p><b>Kellogg's Rice Krispy Treat</b></p> <p><i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i></p>	<p><b>Otis Spunkmeyer Muffin</b></p> <p><i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i></p>
18                      19                      20                      21                      22				
<p><b>Cin.Toast Crunch Cereal Bar</b></p> <p><i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i></p>	<p><b>Cin.French Toast</b></p> <p><i>Fruit Juice Animal Crackers Fresh Fruit</i></p>	<p><b>Cocoa Puff Cereal Bar</b></p> <p><i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i></p>	<p><b>Bagel Straw. Cr. Cheese</b></p> <p><i>Fruit Juice Fresh Fruit Choice of Milk</i></p>	<p><b>Mini Maple Pancakes</b></p> <p><i>Fruit Juice Fresh Fruit Choice of Milk</i></p>
25                      26                      27                      28                      29				
<p><b>Apple Jacks Cereal Pouch</b></p> <p><i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i></p>	<p><b>Kellogg's Frosted Flakes</b></p> <p><i>Cheese Stick Fruit Juice Fresh Fruit Choice of Milk</i></p>	<p><b>Kellogg's JumpStart (Brn.Sugar Poptart)</b></p> <p><i>Fruit Juice Choice of Milk</i></p>	<p><b>HAPPY THANKSGIVING</b></p> <p>From Your Aramark Lunch Ladies</p>	<p><b>NO SCHOOL</b></p>

## Breakfast in the Classroom

**COST**  
**Free**

Just stop by the cafeteria when you arrive at school and Grab-a-Bag. It's that easy. Be sure to have the para-educator check your name off.

**Choice of Fruit or Juice**  
What do you like? Fresh Apples? Oranges? Bananas?

**Choice of Milk**  
Variety includes low-fat and fat-free choices.

**Hello! My name is Ana.**  
Breakfast is my favorite meal of the day.

Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.

